



# Chadsgrove Educational Trust Specialist College

Newsletter Spring 2

## Student of the Term

**Daniel**

For English / Communication

Daniel has been working hard on his total communication this term, using symbols, body language and vocalisations to express his choices and needs.

**Congratulations Daniel !**



## Dates for your diary

Friday 31st March 2023	- College closed for Easter
Monday 17th April 2023	- College reopens
Monday 1st May 2023	- May Day, College closed
Tuesday 2nd May 2023	- INSET Day, College closed to students
Monday 8th May 2023	- Coronation Bank Holiday, College closed
Friday 26th May 2023	- College closed for Half Term
Monday 5th June 2023	- College reopens

## College Bowling Trip 24th March



During their Ambassador meetings, students chose to go bowling for their spring term College trip using funds from their enterprise profits.

Seekers students researched the cost of the activity and transport options. They took their ideas to Bec Gayden and answered her questions about links to the curriculum and how it would be funded.



In two teams, students cheered and encouraged their peers, taking turns, making choices and keeping score during the game.

College staff were impressed with the students bowling skills.

During their visit, students researched the facilities to see how accessible it was for people with disabilities.



Students then chose to have a take away from the local chip shop back at College to finish off a fantastic day out.

## Enrichment Day and The Bamboozle Theatre Production



The theme for the Enrichment Day this term was 'Thinking Skills', and linked in with a visit from the Bamboozle Theatre Production 'The River'.

The day was filled with activities based around water. Students began the day with a 'stretch and move' exercise to water-themed music.

They challenged themselves with a maths related magnet fishing game and experimented with items that can sink or swim.

Students had a great time learning a sea shanty seated dance with our Learning Support Assistant, Kim, who is our Enrichment Co-ordinator. We're sure if you ask they may show you this dance!

Later in the afternoon, students attended a multi-sensory production titled 'The River', performed by The Bamboozle Theatre company. During the session, to get involved with the story, students used their senses to smell, look and feel elements of the production. The production was fantastic and every student enjoyed the experience.

A brilliant day was had by all.



## Healthy Eating

Here at College we recognise the importance of a healthy balanced lifestyle. This is especially important for our students who have limited mobility and special health needs. A healthy diet together with a personalised physio programme are key to students staying healthy. Collectively, we like to think of new and exciting cooking ideas.

When looking at ideas we take into consideration dietary requirements, foods from different cultures, health benefits and adaptability. These ideas contribute to students' independent living activities. They shop for ingredients, prepare their food, then enjoy sampling the results of their hard work!

### Over the last few weeks, we have made...



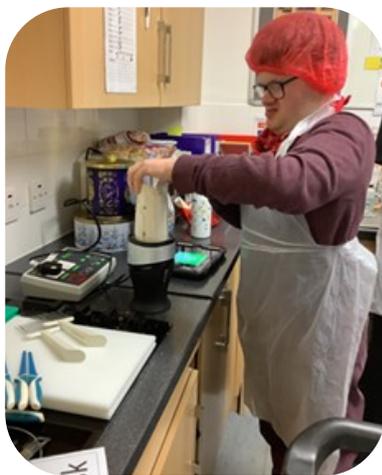
### Pasta

Ali enjoyed the tomato pasta that he and other students helped to make. Mason really engaged with exploring the herbs used in the dish throughout the preparation.



## Kebabs

During this weeks session we prepared chicken kebabs! Connor helped to season and prepare chicken, whilst Jess, using her senses, enjoyed exploring fruits and salads for her fruit and vegetable kebabs.



## Healthy Muffins

Jula and Daniel helped to cut and mash the bananas ready to go into our healthy muffins. Harry used the Ninja food blender to grind down the oats.



## Pancakes

Everyone likes a treat from time to time, so for Shrove Tuesday students enjoyed making pancakes with the option of healthy toppings, which went down well with both students and staff!

## Easter Egg Donations



Thanks to a very kind donation of Easter eggs from **Bumble Hole Foods Ltd** and **Gemma, Linda and Millie** each student has received some yummy chocolate eggs!

## Work Experience



As part of their College experience, students on the Seekers Pathway attend St Basil's Café in Bromsgrove for work experience once a week. St Basil's is a charity cafe / community centre. St Basils works with young people aged 16-25 who are homeless or at risk of homelessness, to enable them to find and keep a home, grow their confidence, develop their skills, increase opportunities and prevent homelessness. This is an excellent opportunity for our students to experience life in the workplace and extend their community engagement skills.

This year Ali, Connor and Harry have been working at the café. They have gained confidence and all can communicate well with the staff, other volunteers and customers.

Ali and Connor also volunteer at the Cosy Café which is run by Chadsgrove School and located in The Meadow, Catshill. Staff from St Basils have visited our student's at the café to enjoy a cuppa served by them.

In both settings it is wonderful to see these students demonstrate their independent living skills. We hope you can see these skills at home too!

For more information about St Basils Café please [click here](#)

## College Garden Update and Student Ambassadors Meeting

### Thank you!

Thank you to everyone who donated and supported this project. We are delighted to let you know that we raised a grand total of £15,747 towards our vegetable garden project.



Planning for the garden is now well and truly underway and students are very much at the forefront of making decisions about what they want for the garden. During a recent Student Voice meeting, the most recent plan for the garden was top of the agenda for discussion. The final design was agreed after lots of questions and discussions.

After exploring what they would like to grow for the community, students produced an extensive list of fruit and vegetables that they would like to plant as part of the plan.

We look forward to keeping you updated about this exciting project!



## Charity Days

### **Charity Day to Support Local Projects - 17th February 2023**

The College joined Chadsgrove School to donate items to the Catshill Baptist Church Foodbank. Thank you to all those families who sent in donations for this, it was all very well received.

### **Cake Sale – 17th February 2023**

A grand total of £420.00 was raised from a cake sale held to support the earthquake victims in Turkey and Syria, thank you so much to those families who sent in contributions towards this.

### **Red Nose Day - 17th March 2023**



Thank you for your kind donations towards this event. We joined forces with Chadsgrove School for this event and raised a grand total of £173.80.

### **Brain Tumour Awareness Day - 31st March 2023**

Students and staff wore their hats (some whacky) to College today to raise awareness and funds for Brain Tumour Research. Thank you for all your kind donations.

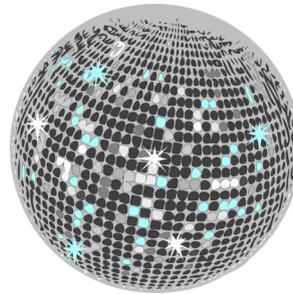


## End of Term Disco

To celebrate the end of spring term College students enjoyed dancing the afternoon away in the school hall at the popular end of term Chadsgrove disco.



With DJ Matt at the decks the songs were in full flow.



Staff and students enjoyed a good boogie and sing song!

We wish all our students, families, staff and friends a very happy Easter break.



We look forward to seeing you back at College when we open on Monday 17th April.

